

VOL. 3, NO. 7

HAPF OURTH O



JOHN BRILL was only 13 when he sat in a movie theater watching a newsreel about the military. Surprisingly, it featured a submarine named BRILL. He watched the reel four times. During his later years in the Navy, during 1950-1954, his submarine pulled into dock in Turkey and next to it was the same submarine, THE BRILL, an incredible coincidence.

Like so many others of our Veterans, John talked about the 90 men on his submarine who became like brothers. There was a strong need for everyone to know all of the jobs on the submarine in case of death or injury of some of the other crew members. All were responsible for the lives of not only themselves, but all of the others. This forged a strong | Legion Post. I spoke with he and bond between men, who in civilian life, may have been so different but on the submarine, functioned as one, as brothers. Most of the servicemen I spoke to talked of this bond. Part of the job of Johns crew was to locate and pick up flyers in the ocean who had gone down. John remembers picking up a man and woman pilot rescued off the coast of Key West, returning them to safety and health in the United States. One of the most other dramatic events in John's military history was the res-

By Merri Goldberg

As I drove around Wynmoor, I was aware of the bright sunshine, the smell of fresh cut grass, and the birds chirping. The scene was peaceful and quiet. The Memorial Day and D Day movies here this past month reminded me of how different this scene could have been and how rarely most of us think about the debt we owe our brave servicemen, in combat or support positions, for keeping us free. Throughout the interviews for my column, I was constantly aware of how proud I am to be an American, and how proud I am of our servicemen. We are so lucky to have many of them living in Wynmoor. I hope you enjoy reading about some of our friends and neighbors.

cue of a disabled American blimp off the Florida coast, (dragging the) He dragged the disabled blimp for three and a half hours through 50 mile-anhour gales. This rescue was written about in the newspapers. This was particularly ironic because a blimp's chief function in time of war was to destroy submarines and, in this case, a blimp was rescued in a daring mission by a submarine, saving the government \$600,00. Sea conditions were another danger and John remembers six days of plummeting 20 feet waves. This hero received two medals during his tour of duty. We salute you!

DONALD LEVINE is the Commander of the Wynmoor American Albert Gold this week in the Wynmoor Library. Donald Levine served in the Navy in the Korean War. Korea had almost no Navy and so, he was trained as an airman. However, he was most needed in the United States and served as a pharmacist at St. Albans Hospital in Queens, staying in the United States for most of the war. He worked in the pharmacy during the day and at night, worked in the capacity of an LPN, essentially a double shift. The hours were very long. The job was treating

the wounded who had been brought back to the States. In the Korean War, the hand to hand combat was intense and what stood out, was the number of 19-year-old young men who had been bayoneted through the stomach and the many young men who remained paralyzed. He stated that, "too often his night job became a death watch for the crucially wounded, some very young. His sadness also centered around the lack of respect for the military he encountered after Korea and even more so, after Vietnam and how many of the servicemen came back a "lost person in America."

At this time, Commander Levine remains very active in the Wynmoor American Legion. As its members get older, the Legion has diminished in size. Wynmoor Veterans are strongly urged to come to the next meeting. You will find it interesting to meet with other vets and will begin to feel the unspoken bond that exists between all Veterans. Practically, the Legion is a good source of information about resources you might not be aware of, as well as a source of perhaps tickets and transportation to Marlins games as well as other free perks. Show your pride at being a Veteran. Come to the meeting. You will be glad you came. Meetings are



JULY 2019

the second Monday of the month in Wynmoor.

ALBERT GOLD served in WWII in Belgium, although in meeting him that might be hard to believe. Albert Gold's job among others was as a driver. Belgium was covered with mines and he needed to drive his colleagues through the minefields for combat. I asked if he was afraid and he said that he was always afraid but could not give it a second thought. Fear and mines were always there. Even though he met people, he had never been exposed to before, all had to work together as a strong unit to survive and they did.

Mr. Golds father and mother came to the United States from Poland in the early 1900's. PFC Gold was the youngest in his unit. A large part of his job was with the units liberating the concentration camps, like Buchenwald. This was a devastating task. Tears formed as he tried to describe it. He said simply, "I never realized how bad things could be." He continued, "we always have to remember how important Israel is." PFC Gold received the French Medal for his action in France. He was 21 years old.

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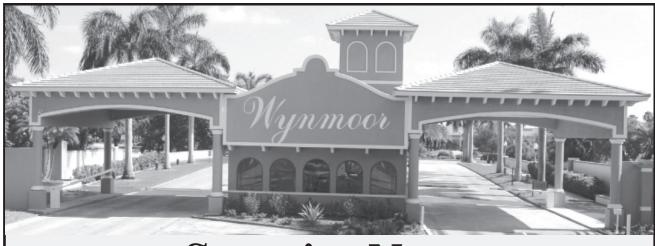


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Plans have been finalized for next year's Musical Show, *Midlife-The Crisis Musical*. The show will be presented on Thursday and Friday night, March 19 and 20, 2020 in the

West Wing. A sit-down served dinner will be included. The menu this year will be a glass of wine, mixed field greens with tomato, cucumber and olives, dinner rolls with butter, choice of Salmon in Lemon Dill or Chicken Marsala with rice pilaf, baby carrots and an Éclair for dessert. Sugar free desserts are available by special order. In addition, soda, coffee and hot tea will be served. Old Florida Catering will supply the meal.

The show is a fantastically funny musical revue on the order of *Menopause*, except that this show aims at both sexes. It is a tour-de-farce, a merry romp through the hot flashes, trials and tribulations of middle age people. It pokes fun at everyone and gets us laughing at middle age and situations to which we all can relate. There are 22 song-based skits. The music and lyrics are by Bob and Jim Walton. The show will be produced by The Curtain Call Playhouse.

The price will remain the same at \$35 per ticket and flyers and order forms for advanced ticket purchase will be sent out in September. Tables are assigned on a first come/first served basis. You may purchase one or more tickets. Tables hold from 1 to 9 people.

Nothing has been finalized yet for the drama *Terms of Endearment*. As soon as plans are completed, you will be notified. Watch for news next month.

Advanced ticket purchases are offered to those who are on the email list. If you are not yet on the list, send your email address and name to LLIST@juno.com

Please include your name in the body of the message and write "Supper Club" in the subject line. There is only one list for both the musical and the drama so please do not send your email if you think you are only on one list.

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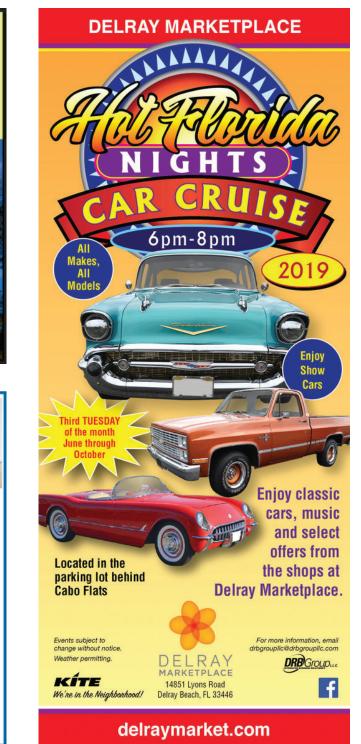
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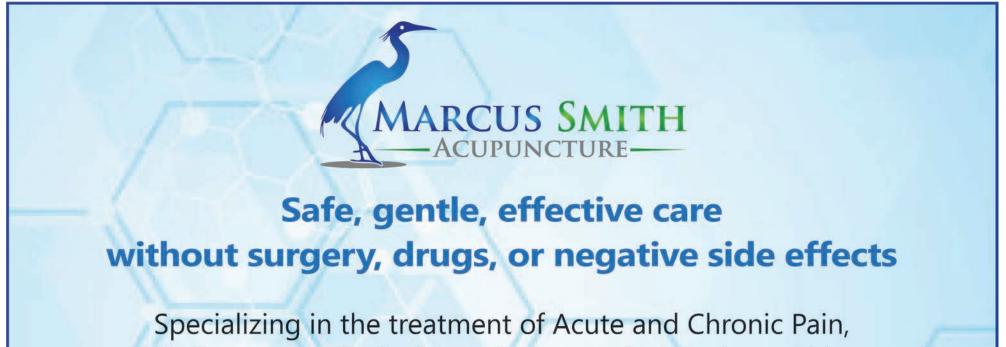
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pen to pap

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My Fridge Is Full Of Surprises By Nancy Lee Schartz

lder and smarter and wiser and then

Some folks get older and smarter and wiser, and then...there I am the other end of the spectrum!

Perhaps you'll remember what happened. It was a few years ago (I can't remember what I'm going to make for breakfast mornings but something like this *I can't forget!*).

A light had gone out in the middle of our fridge. I didn't even know there was a light there until the bulb burned out. (I did write a story about it at the time, obviously, I have no shame.) The fridge was a fairly new one, a side-by-side (and not enough room as it turned out in either side, by the way.) We had bought it when we got married (16 years ago now). What sold me on it was that the tag said <u>"self-cleaning"</u> and being somewhat (?) gullible, and no somewhat about it, <u>definitely</u> averse to cleaning things. I took them at their word. I thought yippee - that's the one for me!

So, as it turned out, I had never cleaned the blasted thing inside. I mean it said self- cleaning, didn't it? (But then I believed in Santa Claus way past when kids with ordinary intelligence stopped - If you're unkind, you might just say, "face it, Nance - you ain't the brightest bulb in the package.")

Anyhow, the handyman had come, and with thinly veiled disgust, pulled out the vegetable drawer which was right below the burned-out light bulb. He handed it to me and suggested with a smirk that I *might* want to scrub it out. I couldn't for the life of me come up with the nerve to say, "then again I might not." So, I had to really do a number on it. Dang! Anyhow, he replaced the blasted bulb, and all has been well since then. Until yesterday!

Now actually, this is good news!

I was standing in front of the fridge - door open - wondering what was in the back of the top shelf, and as I tried to jiggle stuff around, I accidentally

tugged at the shelf, and guess what, it slid forward! For the heck of it, I tugged on the one beneath it - same thing! I was amazed. I called Larry to show him my momentous discovery, and he said "yeah, I know they come forward." Well did he have to keep it a secret? And for 16 years yet?

Anyhow in the back of the top shelf, I found a container of cranberry sauce with a label on it dated 2 years ago! I bet it was still good, but in the interests of preserving our marriage - and possibly our lives as well, I did not serve it. Can you imagine 2 years ago! The other stuff up there was pretty much of the same vintage. What has saved my beloved and me from food poisoning, I think, is my habit of scotch taping a note on leftover containers with the date I opened them.

I thought it was just the top two shelves that pulled out - but Larry said, no, all of them slide, can you beat that? Someday, if I have nothing else to do, I'll slide the others in and out just for the fun of it. Maybe I'll do it now - since I haven't a clue what I'm gonna make for dinner tonight. And I've used the reservations trick too often lately - dang! Wait a minute - all is not lost - there's a package of dumb-dumb noodles in the freezer - sauce and everything in the package - all is not lost. I'll make a salad and be a star! Yippee!

The Greatest Land Grab

By Lawrence E. Correia

When I refer to a land grab, I do not mean acquiring vast amounts of territory through exploration, invasion or conquest. My reference is toward a mutually agreed upon land deal between two or more participants in the trade. Now, most Americans would automatically think of the Louisiana Purchase for \$15 million or even the purchase of Alaska for \$17 million. In both cases you would be wrong because the land deal I am referring to was not about *Continued on page 8*

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money, but about a land swap.

To truly understand the magnitude of this land deal, one must go back to the 1490s and an Italian seaman, dreamer and explorer name Christopher Columbus. This individual was not only a great seaman but also studied ocean currents and their movements. He noticed that the Atlantic current moving from the Canary Islands flowed in a Westerly direction and later realized that the current flowing from West to East moved around the Islands of the Azores. With this knowledge, he was able to convince Queen Isabella to allow him to sail West to find the Indies. His historic journey brought him not to the Indies but rather to a New World. Within 3 decades of his discovery, Spain was able to conquer the Aztecs, Mayans, Incas and Andean nations, making Spain a very wealthy and powerful Nation.

During this same period of time, Portuguese sailors were able to reach India and the Spice Islands, thus being able to eliminate the Arabs and Italians from the lucrative Spice Trade. Two very important things were happening in the world to cause problems for both Spain and Portugal: 1st: Many other European nations were jealous of the growing wealth of both of these countries and 2nd: During this time, the Protestant Reformation was undermining the power of the Catholic Church.

To protect her ships carrying spices the Portuguese needed bases in Africa and the Americas (Brazil) to intercept pirating vessels and protect her fleets. Spain objected to Portugal having bases in the New World which Spain considered as her personal domain. Both countries were on the verge of war, when the papacy stepped in, to prevent two Catholic countries warring with each other during the crisis of the Protestant Reformation. To solve this problem, the papacy drew what is called the "Line of Demarcation," where everything West of this line would go to Spain and everything East of this line would go to Portugal.

At first, this decision seemed to be the perfect solution, but it had certain flaws. It seems that in this agreement Portugal would control the Canary Islands which Spain needed for her treasure ships to sail to the Americas and Portugal needed bases in Brazil to protect her spice trade. So both Spain and Portugal, in the interest of keeping peace and protecting their financial and economic interests, thriving came up with the "Treaty of Tordesillas," which moved the Line of Demarcation further West, giving Portugal more bases in Brazil and the Islands of the Azores, while Spain was given control of the Canary Islands which they agreed not to interfere with each other's trade. Thus, both Nations got what they wanted. Spain gained control of the sea lanes to the Americas and Portugal greater naval bases to protect her spice trade.

There is something else in the agreement that both Nations did not realize; in the hurry to find a mutual agreement, neither side took into consideration a paragraph that stated, whoever controls both sides of the mouth of a river controls the entire river and all its tributaries. One must remember that this paragraph was common in land contracts at that time except the river we are talking about is the Amazon, thus giving Portugal the 5th largest country in the world, all for the price of the Canary Islands.

This has got to be the greatest and largest land deal in the History of Man. The five largest countries in the world are:

1st: Russia: 6,592,850 sq. mi. Conquest

2nd: Canada: 3,855,101 sq. mi. Exploration

3rd: United States: 3,794,083 sq. mi. Exploration. Purchase, Conquest

4th: China: 3,705.403 sq. mi. Conquest

5th: Brazil: 3,300,171 sq. mi. Treaty

Mark Twains Summer Home By Lil Miller

Hiking up the hill in Elmira, New York, was an adventure at an early age. My scout troop hiked to "Mark Twains" Quarry Farm.

Mark Twains had a Summer home in our hometown. His 8-sided study was used for all his poetry and stories. It was perched on a hilly grass knoll, an octagon-shape room, with steps leading up. This study was later located on the campus of Elmira College in New York. A sight for all of Mark Twains lovers to see!

Mark Twains is the hero to inspire all my writing and poetry today. At the tender age of 8 years old, I was given a quarry stone, which I carried down the hill to my mother, who used it for a door stop.

For years to come, my memory is warm today.

"If you can't make someone laugh with you're writing, don't write." -Mark Twains

A Lesson In Parenting By Lawrence E. Correia

The story I am about to tell you is true and it has most likely happened to many parents. In my case, I was fortunate to find a way to solve a parenting dilemma.

In the Spring of 1986, my four-year-old son Larry, was taken each weekday to a daycare center called Kinder Care. For the past four months, he made requests and later, demands that he be given certain privileges and items he felt he deserved. Larry emphasized his demands stating that if he didn't get what he wanted, "I want a new mom and dad." He said that, "If you love me, you would give me what I want." Larry stated that "other boys at Kinder Care got what they wanted, why can't I?"

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Marilyn Johnson and Bernie Hurowitz were married on May 17th. They are Wynmoor residents since 2001. They are looking forward to a long and happy life together.



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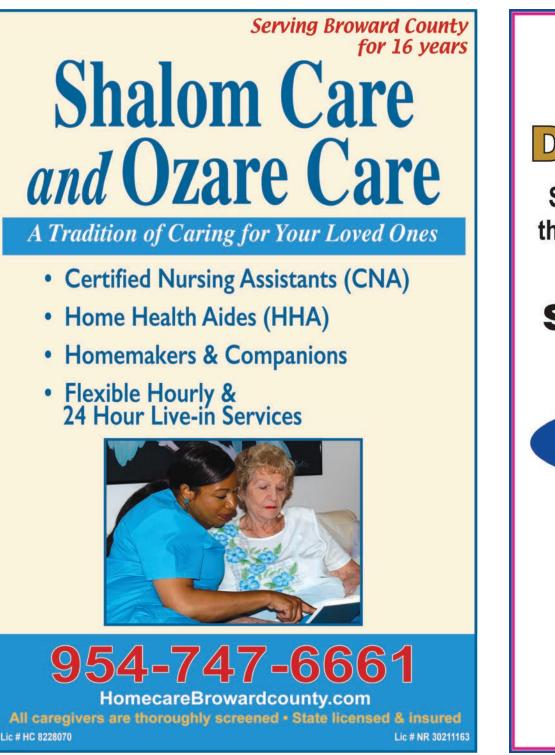
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By this time, I have had enough of this Baloney, and decided on a new approach to our son's demands. So, I told my wife to bear with me for I was about to find a cure for our son's problem. I waited until 7:30 PM and it was dark outside, to unleash my bold new strategy.

Without either verbal or physical actions, I quietly brought my son into his bedroom and brought out his suitcase. I then told him to pack his favorite clothes and toys and put them in his suitcase and to close it. We then walked into the living room where his mother was waiting. I took out a one-dollar bill, neatly folded it and told him to put it in his pants pocket for safe keeping. It was then I told him that his mother and I loved him very much and were very sad that he didn't want us as parents any longer. So, I told him to give his mom a hug and a kiss and to give me a hug and a kiss goodbye and hope he could find a new mom and dad he could love. It was then that I opened the front door of our house and let him out. I immediately closed the door, locked and turned off the porch light.

My wife immediately rose to open the door to let Larry in, but I held up my hand to stop her and silently counted on my fingers: one, two, three, four...knock, knock.

I answered, "who is it?" and my son replied, "it's me, Larry." I replied that Larry doesn't live here anymore because he is looking for a new mom and dad. "It's me, dad. Can I come in?" he asked. I opened the door and as he came in, I said, "When you say you want a new mom and dad, you hurt your mom and me because we love you." I told him to give mom a hug and a kiss and tell her you're sorry and he did the same for me. I then went into his bedroom unpacked his suitcase. He then joined my wife and I for some ice cream in the kitchen.

The next day, I again took him to Kinder Care before I left for school.

That evening, I went to pick up my son and as I entered the building, the staff started clapping their hands and calling me their hero. In astonishment I asked, "What is going on?"

I was told that very same morning, my son went up to another boy and belted him the mouth. When the staff asked my son why he hit the other boy, he replied, that it was the other fellow who said Larry could get what he wanted if Larry said he wanted an new mom and dad. Then Larry told us what you did last night to put an end to his demands and that is why he hit his classmate. He said, "I almost lost my real mom and dad." The manager of the Kinder Care and her staff believed that I struck a blow for all parents dealing with my son the previous evening.

Since that night, my son has never again desired in any fashion to have a new set of parents.

Another Special Moment With My Dad By Bonnie S. Kutner

So, I want to share another special moment with my Dad.

My boyfriend and I were driving my dad's car to Dayton, Ohio, where my sister lives. We were picking up my parents and driving them back to Brooklyn.

Also, while we were there, my boyfriend and I decided to get married.

We visited a few days and then planned our trip back home. We loaded the car and were ready to take our journey back to Brooklyn.

My boyfriend started the drive and my parents were seated in the back. He decided to ask my Dad for my hand in marriage, and my Dad with his quick wit asked, "Don't you want all of her?"

In Memoriam

The Insider Newspaper and Staff, would like to express our deepest condolences to the Trapper Family. Ralph was very involved in American Legion Post #170, Wynmoor Amateur Radio Club, and Wynmoor Hurricane Emergency Net Club. We hope Wynmoor residents will continue to keep his legacy alive. He will be surely be missed.





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Safety Solutions By Scotty Leamon

Public Safety Information Officer, Coconut Creek Police Department

Popular Scams For 2109 According To National Council On Aging



The National Council on Aging (NCOA) claims it has helped more than four million older Americans with meals, jobs, and economic security. It has a goal of reaching ten million seniors by 2020. The charitable organization also does good work helping get the word out about scams, such as its "Top Three Scams for 2019," an article printed in its newsletter a few months ago.

Here are NCOA's top three scams for this year in no particular order:

1) Social Security Scams: If you've been a reader of my column long enough, you know this one we've covered before. It works because the scammers rely on fear. Someone calls you pretending to work for the Social Security Administration (SSA). They try to frighten you with outrageous claims that you somehow owe money to the SSA and you better pay up now or face jail or hefty fines. The IRS scam works much the same way only in that one the bad guys claim to be IRS agents. The important thing to remember is that no government agency, the SSA, the IRS, or even the FBI for that matter, would ever call you up out of the blue and threaten to throw you in the slammer over some trumped-up charge that you had no idea you were facing. I mean people don't trust the IRS or the SSA as it is. Why would they heap even more trouble on themselves by treating people this way? It's okay to ask yourself these types of questions if you get a phone call like this one. And then, just hang up because it's a scam.

2) The Grandparents Scam: This is another one we've talked about before. In this particular scam, the bad guys call you pretending to be your grandchild. They say that they're in trouble, usually legal trouble, and need your help. Many times, they'll connect you to a "lawyer" (actually another person in on the scam) who claims that they can get your grandkid off the hook but only if you send them enough money. They'll know the names of your grandchildren because they can do that kind of background work using the internet. If you get a phone call like this one, call another family member first to verify that your long lost "grandchild" is actually in trouble. That one phone call will save you from a world of trouble because I can guarantee you that your grandchild is not in some overseas jail.

3) **Donate only to reputable charities.** While we hope that the tropics take Hurricane Season off and we don't get any visits from Jim Cantore, chances are that there will be another natural disaster somewhere this Summer and that's also another opportunity for the bad guys to take advantage of your good-natured charity. You should check out every organization before you cut them a check and make sure that they're operating above board. There are a number of solid ways to research these charities. I'm available for pointers via email at sleamon@ coconutcreek.net or phone at 954-973-6740.

I try to keep up with all the scam reports that come into the department and this is a pretty accurate representation of the frauds that are reported here to the Coconut Creek Police Department on a regular basis. In fact, we have had recent victims of the Social Security Scam and the Grandparents Scam. The bottom line is that by the time the officer takes a report on you getting scammed, it's too late, which is why prevention is so important. You can help us by talking to your friends and neighbors about scams and how to avoid falling victim to them. The more you help us get the word out, the fewer victims we'll have who lose money.

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Please call me, **EVETTE** at 561-364-8659 or on my cell phone 954-734-3449 if you would like to discuss or get additional information. Just Imagine, Freedom from Bladder Problems.

JULY 2019

The INSIDER



WYNMOOR **Golf** and **Tips** By Kevin Battersby, PGA

-Never Up Never In!-

We have all heard the expression "never up never in" when putting alluding to the simple fact a putt with not enough speed has no chance of going in the hole.

Dave Pelz, short game expert, compiled some interesting data about the optimum speed your putt should pass the hole to have the greatest chance of going in the hole. After running thousands of balls over a covered cup, he found the distance of 17 inches past the hole accounted for two important variables. A putt of this speed with be affected less by the grain of the green and any imperfections on the green. In addition, a golfer can play less break on the putt with this suggested speed.

Many years before this idea by Dave Pelz, Tom Watson was famous for "jamming the ball into the cup on his short putts." It appears Watson intuitively adopted this same strategy in his putting and was early in his career considered a very aggressive putter for this reason.

Subsequent to Pelz's research, more data was revealed to view the Pelz 17-inch number to be an average. Whereby, faster bent grass greens the optimum speed will be shorter in the range of 6 - 10 inches and slower grass greens possibly up to 26 inches.

If you're a golfer that resides and plays golf up North, you will have to adjust your speeds and possibly adopt the faster speed on your putts when you return to Wynmoor for the Winter.

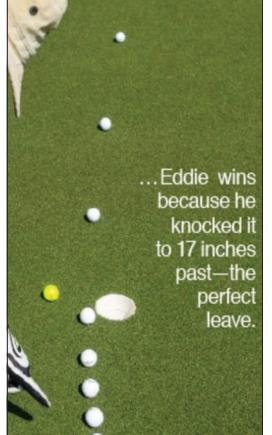
The two illustrations exhibited in the pictures are Pelz playing a game with his son with the speed of their putts. The yellow ball did not comply with the speed requirement. The white ball had enough pace on the putt to roll out 17 inches.

Kevin Battrsby 954-444-1031

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The yellow ball represents where my putt stopped-just a two-inch tap-in left for me. But...





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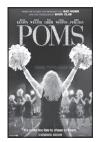
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Sunday	July	14	2 & 8* PM
Monday	July	15	8 PM
Tuesday	July	16	8 PM
Wed.	July	17	2 PM*



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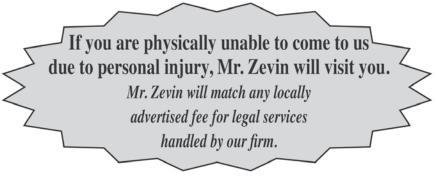
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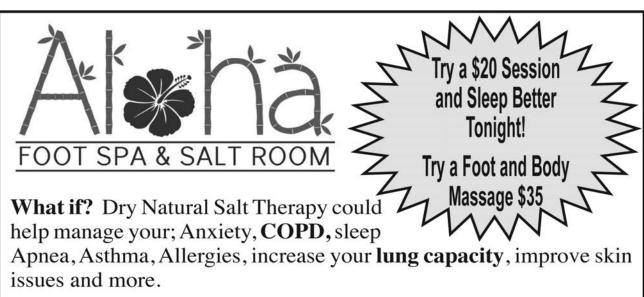
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POETRY

paper man

by norman cohen a sheet of paper lay on a table points of interest north south markings *dry cold wet* globe changing earth seeing not touching the desert mountains rivers showcasing places hearing with lips the seller of exotica purple potatoes and strange fruits pole eyed sand crabs in mangrove puddles carefree slugs and stoic crustaceans sunlit mirage of distant faces fill the endless amber field surrounded by Cecilia Bartoli's Italian songs

Have A Great Day! By Lil Miller

I am 92 Today, Aching in every way! Why do I hurt so much? I never felt this way! I'll call the doctor to give me a pill of some kind, or maybe a shot, to dine and dance with my family to nite. As I entered his office he said: Golly Mrs. Miller, you look Great today! No one would guess your age, you wear it well, As I gulped the words down and Said: I am 92 today and dropped by to Say: Thank you for keeping me this way! Have you given your doctor a hug today? "Love you all" for this blessing given to me this day.

Retirement

By Lil Miller I have earned this very special day!



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To retire to Golden Years ahead! As I look back with no regrets of Blood, sweat, tears and joys! And much more. I can't forget! I did the best I could to give A helping hand to mankind! Now, I can rest and smell the flowers, See the blue sky, green grass and Hear the Blue Birds sing! Knowing I am like a Butterfly, free! And now can give back what so Gratefully was given to me! I can wish upon a star from afar! Watch the ocean touch the shore! Leaving footprints in the sands of time! Knowing now I'm walking hand in hand! With my Creator, Lord beside me! Directing me to Greater things yet to be! Amen.

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Ten Vets Will Win \$500 In **Silver Dollars** At The **Boomer Expo** Extravaganza!

By Anita Finley, Founder and Gerontologist



Are there any Veterans living in Wynmoor? If you or your friends are Vets, plan on coming to "The One & Only" Boomer Expo Extravaganza on Tuesday, July 23rd from 10:00 AM - 4:00 PM at the Seminole Casino in Coconut Creek. Bring a bag to carry your silver dollars. And there's more!



YES! IT'S FREE! Everyone is invited. There are over 50 valuable prizes to win, entertainment to dance to and beautiful people to meet and greet. The best is yet to come. Our VIP Exhibitors are superior to all the others you see at the smaller Expos and they will share information with you to make you live happier, healthier lives. They have lots to give you when you stop and talk to them. They will bring smiles to your faces and you will notice just how happy you will feel.

Don't miss this major fun day for all the residents at Wynmoor. People come from all over South Florida to enjoy this BIG day. You can pick up a free copy of Boomer Times while you are there so you can read about celebrities and learn why people are special if you live in Miami, Dade, Broward, or Palm Beach counties. The fun begins here.

For more information, to volunteer, or to be a VIP Exhibitor, call 561-864-1101, email srlife@ gate.net or visit BoomerExpoFl.com



Clubs and Activities

ALL Wynmoor Clubs, regardless of name, are open to ALL Wynmoor residents. Dues may be applicable.

Actors On Stage Club By Diane Williams

Actors On Stage is on Summer break and will resume weekly rehearsals, beginning Friday, September 6th in Lecture Hall at 1:00 PM. All are welcome to join us. Also, we are seeking directors, actors and writers. For more information, call Diane at 267-253-6947 anytime over the Summer.

Billiard & Pool Club By Bob Horowitz

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included karaoke night, comedy club night, group BBQ and dance, Pool & Billiard Club Tournaments, and other social events.

For more information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting, email *WynmoorPoolClub@gmail. com*, or come into the room and look for event sign-up sheets. You can also join our Facebook page "*Wynmoor PoolClub*."

To join the club, come to a meeting or see a club official when in the pool room. Club Officers for 2019 are: Co-Presidents: Bob Horowitz & Ralph Rubin, Vice President: Mike Nash, Secretary: Mike Brodie, Treasurer: Rose Ortiz. Cost to join the club is \$5 a year.

Our next Pool & Billiard Club Meeting is 10/13/2019 in the multi-purpose room (next to Main Pool/grills) 11:00 AM, come meet & greet fellow pool players. Bagels and Coffee will be served. Cost \$1 for members, \$5 non-members.

Wednesday Night Pool Tournaments: Join us every Wednesday night at 6:00 PM. This Tournament is handicapped for all skill levels. All Residents and their guests* are welcome! Enjoy AC comfort while having fun and meeting new friends!!

Pool Lessons: Put your name on the pool lesson sign-up sheet in the Pool Room or email us to schedule no cost Pool Lessons for Wynmoor residents. Wynmoorpoolclub@gmail.com

Wynmoor Pool & Billiard Room: All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. With boasting 14 tournament grade regulation size pool tables, 4 heated- billiard tables and one regulation snooker table, this club has been called the "best Pool, Billiard, and Snooker venue, public or private, in all South Florida."

Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 AM to 12:00 Midnight.

Women's' Pool Team, "The MzCues:" Explore a new activity, make new friends and have fun in our A/C pool room. This is for beginners and advanced players. Join us Tuesday from 3:00 PM - 5:00 PM. Residents and their guests are welcome.*

* All Events are Free for Wynmoor residents. Guests must register and pay a guest fee.

Bocce

By Lucia Catone

Our Wynmoor year-long residents are still playing and having good time

tography, regardless of their skill level or type of camera. The club offers instructional programming, entertaining multi-media presentations, informal critiques, field trips, and small group mentoring. There is also a club member's newsletter, "The Focus," that will display club member's photos, club activities, and informative articles. We encourage people with beginner skills through advanced skills to enjoy and share the benefits of a photography club, to gain experience and knowledge to help each other grow, all while achieving and promoting photography's excellence and fun. Yearly membership is \$10 per person, \$15 for married couples. New to the club? Your First meeting is FREE! We will resume meetings in November. Come join us! For more information, call Nancy Landman 954-979-9894.

Ceramics Club By Carole Meyerowitz

Enjoy the Summer months. Come in and cool off and chose from our large inventory of molds to create your masterpiece. Tell your Wynmoor friends and family about us. Invite them in to look at the beautiful things we make. Classes begin in the Fall.

Summer hours through August are Monday - Thursday from 9:00 AM - 1:00 PM. We are closed Friday.

Clay Sculpture Club By Martha Van Cleave

Come explore your creative talents in clay! Our club is open to all! No experience necessary!

Our club meets on Tuesday usually around 12:00 Noon in the Clay Sculpture Studio which is at the main Clubhouse in the back, facing the golf course and just beyond the Billiard Room.

Please come by and check it out to see if you might be interested. Our club dues are \$10 a year if you decide to join. If you don't see anyone at the studio, please feel free to call me for more information; Martha 954-971-3932 or email me at vancleavemartha@yahoo.com

Contract Bridge Club By Phillip Cummins

There are many options for playing bridge at Wynmoor each week. There are ACBL sanctioned games on Monday and Wednesdays at 7:00 PM. There is a Friday game at 12:30 PM. (Please note the new times). All of the games are held in the East Wing. The Saturday afternoon games have been suspended until further notice, as has the Saturday morning mentoring program. There are also social duplicate games on Tuesdays and Fridays at 12:30 PM in the East Wing. (Please note the new location for the Friday Game). There is a bridge lesson on Fridays at 12:00 Noon. Two notes: For a partner, call Gerri Silverman at 954-978-2457. Also, please remember to arrive fifteen minutes before game time to help the director organize the game.

Current Events Club By Daisy Sheridan

Please come and join us at our weekly sessions where we discuss the current events of our times. We meet every Tuesday morning in the Multi-Purpose room from 11:00 AM - 12:00 Noon. The Multi-Purpose room is located near the main pool. All residents and their guests are welcome. You may stay a little longer to meet old and new friends. May we welcome you next Tuesday?

sat the Bocce Court. We meet on Tuesday afternoons from 3:00 PM - 6:00 PM, Wednesday, Thursday and Saturday mornings from 8:00 AM - 12:00 Noon. Our membership dues are \$5 from January to December. If you are interested in joining our club and for more information, please contact the President, John Giuffrida at 954- 977- 9154.

BOOKIES By Rhoda Becker

Is Jeffrey Archer one of your favorite novelists? If so, join us, as we discuss this exciting saga. "Heads You Win," begins with an escape from Russia and delivers unending surprises. If Jeffrey Archer's name is not in your lexicon of favorite authors, our July 2nd meeting of BOOKIES might help you to consider providing a place for it.

We meet the first Tuesday evening of each month, at 7:30 PM in Ballroom C at the Clubhouse. We do not take a Summer break. A new book is chosen every month. Any questions? Call Laura at 954-917-7677.

Camera Club By Nancy Landman

Membership is open to all Wynmoor residents with an interest in pho-

Fishing Club By Eddie Kopple

The Fishing Club would like to wish everyone a happy and safe Fourth of July. Fish are jumping in back of 1801 Eleuthera. The only problem is it is too hot to fish. Anyone wishing to find out about the club, feel free to meet us at Bagel Snack, located at 1237 S Powerline Road on Monday, July 1st, between 9:00 AM and 9:30 AM. For more information, call Eddie at 215-429-6138. If I don't answer, leave a message and I will call you back.

Fun With Friends

By Lou Kravitz

We are on vacation until November 17th. We are planning exciting things for the coming Season. As a teaser, maybe some Texas line dancing included in a Texas night. Maybe a Xmas and Chanukah party. All of these are in the talking stages.

Check your Joan Summers' emails to keep up to date. Have a great Summer. Any questions, call Lou Kravitz 212-826-6168.

Continued on page 22

Clubs and Activities

Ladies Circle By Jo Bakalar

The Ladies Circle is a social club open to all Wynmoor residents. We have entertaining guests, interactive programming, and exciting trips.

Romance is in the air! Our topic this month is "From Cuban Refugee to Romance Novelist." Come listen to Doris Vilk-Shapiro as she relates her life story as a Cuban refugee, dentist, and finally, a top romance novelist. Find out how she did it! Writing as Doris Vilk, she has written a series of hot romance novels beginning with "Love Arrested" (part of the Chatham series). Doris will answer all your questions and have some of her novels available for sale.

The meeting is scheduled for Thursday, July 25th at 11:30 AM in Ball Room A. There is a small fee for our bagel snack. For further information, please contact our president, Iris Arlan at 954-532-5268.

Latin Women's Club By Minerva Nazario

Wishing our members and neighbors a joyful Fourth of July holiday and Independence Day. The Latin Women's Club meets the last Tuesday of each month from 2:00 PM - 4:00 PM in Classroom 4 of the East Wing. Our next meeting is July 30, 2019. The dues are \$15 per year. Refreshments will be served. All our meetings are held in Spanish. If you are celebrating your birthday or anniversary, we wish you good health, peace, love, and many more years to celebrate. Please contact Minerva Nazario at 954-532-3156 if you're interested or need information about our club and its activities.

Nature And Arts Club By Nancy Heller Moskowitz

Summer is here and we're busy planning for the 2019-2020 Season. As of August 1st, dues for the next Season may be sent to Sheryl Darby Scheiss at 3302 Aruba Way, Coconut Creek, Apt. J2. Dues will remain at \$15 per person. Please list your full name if it is not on your check. New membership cards will be given out at the 1st breakfast meeting that you attend.

Our year is from October - May. Our 1st meeting will be held on Thursday, Oct. 3rd. As you are aware, our club has grown in numbers due to the prior Board's leadership and ideas. We are glad to accept the baton. Be on the lookout for a few changes that will be outlined over the next two issues. We anticipate a great year of fun, food, and friends. If you have any questions, please contact Nancy Heller Moskowitz (President) at 954-973-2181. Enjoy the Summer!

Needlework Click By Barbara Bilello

Our meetings in July are the 9th and the 23rd, the second and fourth Tuesday. We meet in the West Wing from 1:00 PM - 4:00 PM. We serve coffee, tea and great snacks.

If your new to Wynmoor and would like to meet new friends, please join us. We have knitters, crochet, sewing and chatters all are always welcome.

Remember, if you have yarn that you aren't using, we will be happy to pick it up. We donate everything we make. Thank you to all that have donated. My phone number is 754-222-6375. Hope everyone is enjoying the heat.

Pickleball Club

Wynmoor Hurricane Emergency Net By Gerry Stloff

The forecasters are calling for another moderate to strong storm Season, but keep your fingers crossed that Wynmoor will again escape severe storms.

We had our startup breakfast on June 26th and had a good turnout from both our operators of past years and new people interested in assisting their neighbors. Our first "On the Air" meeting will be July 17th at 7:00 PM.

We're desperately seeking good people to bolster our ranks. The commitment we ask is to check in most Wednesday nights for 10-15 minutes for radio training and to be available to serve *after* the event of an actual weather emergency.

You don't need prior experience in using a CB radio. We'll teach you how to connect it up in your car, and the weekly meetings provide experience in proper communications procedures.

If you'd like to assist us or you're a previous operator who couldn't attend the breakfast meeting for instructions, please contact Gerry Stoloff at 954-973-4899.

Video and Film Club By Diane Williams

We meet the third Thursday of the month at 10:00 AM. Our office is beside the Wynmoor movie theatre, near the West Wing. We are looking for people with an interest in learning and participating in the art of moviemaking, film projects and scriptwriting. Our Annual membership fee is only \$10. For information about joining our club, please contact Danny Piccirilliat via email: dannypiccirilli@Qmail.com

<u>Wynmoor Amateur Radio Club</u> By Gerry Stoloff

The W.A.R.C. meets every Friday morning at 9:00 AM in the Multi-Purpose Room near the main pool and we meet all year round. At 10:00 AM, we move to the "Ham Shack," located in Room #118, on the West end of the Administration Building. Visiting Amateur Operators are welcome to operate from our station, just be sure to bring a copy of your "ticket" (license) along with you. For further information, please contact Gerry Stoloff, WA3HDI, gpstoloff@comcast.net or 954-973-4899.

Wynmoor Ladies Golf Association By Adria Light

Summer heat in Florida can be frightful but not enough to keep our ladies from hitting the links. We may be few in number through the Summer but we are mighty: mighty persistent, mighty enduring, mighty encouraging, mighty friendly! Tuesday morning 18 & 9 holers begin at 8:00 AM although, if we are all together earlier, we will begin earlier to get ahead of the heat. Make sure to bring plenty of liquid and stay hydrated. Don't forget sunscreen. Hats can protect vulnerable parts from cancer. Let's keep ourselves healthy out there. Through the Summer, we will be alternating our starts front/back while JB and his awesome crew work on the course. Sign up for Tuesday morning league in the Pro-shop. Come out and improve your skills and have some fun. Happy Independence Day!

Wynmoor High Roller Bowling League

By Angela Hirshenson

The INSIDER

By Sandra Cohen

Those of us who live here all year round are looking forward to a fun and active Summer. If you are too, Pickleball may be a great way to achieve that. If you want to learn to play the game, visit us at the Pickleball courts any morning and meet our friendly members. If you have time on Sunday mornings, come to the Pickleball courts for *free* lessons every Sunday from 9:00 AM - 10:30 AM. We supply racquets and balls for the lessons. Our weekly barbeques, which take place most Wednesday evenings at the Cove, are open to all Wynmoor residents. We all bring our own dinner and drinks and many members bring a dessert to share. It's a good way to find out more about the Pickleball club and get to know our members. We hope to see you soon.

Writer's Workshop By Nancy Heller Moskowitz

Our group meets every Saturday in Card Room I from 10:00 AM - 12:00 Noon. We encourage all who love to write to join us, whether it be your first-time piece or if you are a published author. Poems, short stories, op ed pieces, or teasers from a book that you're working on are all rewarded with caring discussion and comments. During the Summer, our group is smaller which lends itself to a more intimate setting. If you need more information, contact Nancy Heller Moskowitz, President at 954-973-2181. Great news! Wynmoor High Rollers are moving back to Margate Bowling Alley. Bowling will begin on September 3rd, at 11:00 AM at AMF Bowling Lanes, State Road 7, Margate. We are a senior league and bowl for 32 weeks. Come join us and have some fun! All Wynmoor residents are welcome. For more information, call Angela Hirshenson at 954-917-6961.

JOIN A CLUB There is Something for Everyone!

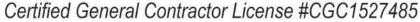
Canasta Tournament By Ann Elkin

Players wanted! Please come and spend a beautiful morning and afternoon playing Canasta. Meet lovely ladies and win money also! We meet every Thursday morning at 10:00 AM in the East Wing. Entrance fee is \$5 to play. For more info, call Ann Elkin at 954-978-0911.





VINCE'S INSTALLATIONS and RENOVATIONS







JULY 2019



Financial Focus

Jordan T. Spohn, AAMS[®] Financial Advisor For EDWARD JONES (954) 973-0825

Estate Plans Can Help You Answer Questions About The Future

The word "estate" conjures images of great wealth, which may be one of the reasons so many people don't develop estate plans. After all, they're not rich, so why make the effort? In reality, though, if you have a family, you can probably benefit from estate planning, whatever your asset level. You may well find that a comprehensive estate plan can help you answer some questions you may find unsettling or even worrisome.

Here are a few of these questions:

• What will happen to my children? With luck, you (and your co-parent, if you have one) will be alive and well at least until your children reach the age of majority (either 18 or 21, depending on where you live). Nonetheless, you don't want to take any chances, so, as part of your estate plans, you may want to name a guardian to take care of your children if you are not around. You also might want to name a conservator, sometimes called a "guardian of the estate," to manage any assets your minor children might inherit.

• Will there be a fight over my assets? Without a solid estate plan in place, your assets could be subject to the time-consuming, expensive and very public probate process. During probate, your relatives and creditors can gain access to your records, and possibly even challenge your will. But with proper planning, you can maintain your privacy. As one possible element of an estate plan, a living trust allows your property to avoid probate and pass quickly to the beneficiaries you've named.

• Who will oversee my finances and my living situation if I become incapacitated? You can build various forms of protection into your estate planning, such as a durable power of attorney, which allows you to designate

someone to manage your financial affairs if you become physically or mentally incapacitated. You could also create a medical power of attorney, which allows someone to handle health care decisions on your behalf if you become unable to do so yourself.

• Will I shortchange my family if I leave significant assets to charities? Unless you have unlimited resources, you'll have to make some choices about charitable gifts and money for your family. But, as part of your estate plans, you do have some appealing options. For example, you could establish a charitable lead trust, which provides financial support to your chosen charities for a period of time, with the remaining assets eventually going to your family members. A charitable remainder trust, by contrast, can provide a stream of income for your family members for the term of the trust, before the remaining assets are transferred to one or more charitable organizations.

As you can see, careful estate planning can help you answer many of the questions that may be worrying you. Be aware, though, that certain aspects of estate planning, especially those related to living trusts and charitable trusts, can be complex, so you should consult your estate-planning attorney or qualified tax advisor about your situation. Once you've got your plans in place, you should be able to face the future with greater clarity and confidence. See our ad on this page.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice.

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Reverse Mortgage: Is It For You?

In consultations with clients for Estate Planning, this question is often asked: "What do you think of reverse mortgages?" My answer is: "It depends on the circumstances of each person." If you currently have a mortgage and can comfortably afford to continue making the monthly payment, which includes taxes and insurance, it is generally not a good idea to consider refinancing into a reverse mortgage. If you have adequate savings and other investments and don't need either the lump sum amount or the credit line, stay away from reverse mortgages.

Typically, reverse mortgages have much higher interest rates, closing costs, fees and premiums than typical mortgages. For example, a \$180,000 reverse mortgage today might have a 6 to 8 percent interest rate

and closing costs, fees and premiums ranging from \$12,000 to \$18,000, versus a conventional mortgage at 4% interest with closing costs of \$3,000 to \$6,000.

Here is how reverse mortgages work. Lenders appraise the value of your home and allow you to borrow back money against the market value. Let's say that your home, which currently has no mortgage, appraises at \$360,000. You choose to take \$180,000 reverse mortgage at 7% with \$15,000 in closing costs, fees and premiums. That is added on to the mortgage, so you now have a \$195,000 mortgage at 7%. It is called a reverse mortgage because, unlike a conventional mortgage where every month you are paying down the principal, the principal on your reverse mortgage increases every month based on that 7% interest rate. Of course, you have received the \$180,000. If you are an astute investor able to earn more than 7% on that \$180,000, you may come out ahead of the game. However, if you put it into a savings account earning 2%, you are losing money every month. In addition, the home that you wanted to leave to your children (and that your children were anticipating inheriting) may have little or no equity by the time you pass away. If there is no equity in your



home when you die, it is likely that your children will just walk away rather than inherit a property where the mortgage is higher than the value. Statistics indicate that the foreclosure rate on reverse mortgages is 9 times the average for conventional mortgages.

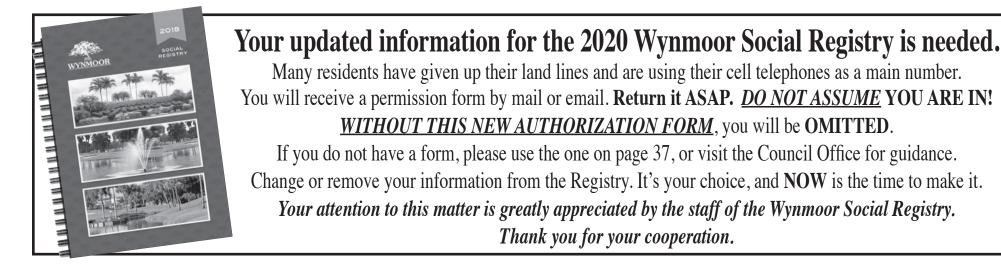
Once you get a reverse mortgage, you will no longer have any monthly mortgage payments; however, you will still need to maintain your home and pay property taxes, insurance and monthly HOA. So, when would I recommend a reverse mortgage? I have clients with no savings and living on their monthly social security. If your quality of life is such that you aren't running your air conditioner in the summer because you can't afford the additional electric bill, and you have equity in your home, the reverse mortgage may be a way to

help you survive and enjoy a better quality of life.

If you have children or other heirs that you want to inherit your home, I would strongly urge you to discuss the issue with them before getting the reverse mortgage. Otherwise, they are likely to be surprised and angry if they don't find out about it until you die. Sometimes, your heirs, if only to protect their future investment, may be willing to give you their own conventional mortgage. You would benefit with the lump sum you would receive, from which you could make the monthly payment at a lower interest rate with less closing costs. They would be protecting their inheritance.

So, if you are struggling financially and your heirs can't assist you, a reverse mortgage may help you live a better life.

Please feel free to call me for a free personal or phone consultation regarding any issues pertaining to Wills, Trusts, Estate Planning and Probate. I am also available for free consultation regarding personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@ netzero.com See my add on page 17.







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19 Year Wynmoor Resident **References Available Upon Request**

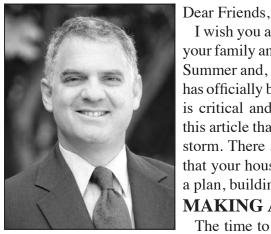


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Kevin Rader

State Senator, District 29



I wish you all a happy Independence Day with your family and friends! We are half way through Summer and, as of last month, hurricane Season has officially begun here in Florida. Preparedness is critical and I will be sharing information in this article that will assist us in being ready for a storm. There are three components to ensuring that your household is hurricane ready: making a plan, building a kit, and staying informed.

MAKING A PLAN:

The time to plan is not when the storm is ap-

proaching but as soon as the Season begins. I encourage you to create a family preparedness plan which will assist your household with getting organized before the storm. This plan should include safeguarding your home, evacuation to a safer location or shelter, and deciding a meeting place in case you cannot return home. Please be aware that if you require a Special Needs Shelter, pre-registration is encouraged to ensure that they are adequately prepared to meet your needs. If you pre-register, you are not obligated to go to the shelter in an emergency. To pre-register, call 954-831-3902 for Broward County Emergency Management or 561-712-6400 for Palm Beach County Emergency Management. Pets are not allowed in all shelters, so please preregister at a pet-friendly shelter near you by calling 561-233-1266 for Palm Beach County or 954-359-1313 for Broward County.

BUILDING A KIT:

It is a good idea to begin compiling the items you will need during a hurricane towards the beginning of the Season. Having all of your items stocked at the start of hurricane Season will ensure that you are adequately prepared for when a storm does threaten our area. The hurricane kit should include items such as water, nonperishable food, cooking tools, fuel, batteries, flashlights, first aid kits, prescription medications, a radio, cash, important phone numbers and documents. For further information, please contact your county's Emergency Management Department.

STAYING INFORMED:

Follow the most up to date information on the local media to make sure you do not miss any critical announcements such as evacuation orders. Continue to monitor information before, during, and even after the storm to assure your continued safety. The State Assistance Information Line (SAIL) is an excellent resource for updated, accurate information during an emergency or disaster situation. The hotline number is 1-800-342-3557.

Please do not hesitate to contact my office for any issues or concerns.

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Wednesday, July 24th

A Tribute Show to Tom Jones and Bobby Darin! Enjoy all of your favorite songs, from "It's Not Unusual", "Delilah", "What's up <mark>Pussy</mark>cat?", "Dream Loves" and "Beyond The Sea".



\$12

The price includes a complimentary glass of wine or iced tea on the patio before show time at 6:30 p.m.

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1704 Andros2/2, Evergreen Corner Unit, W/D Included, Complete Remodel\$2504 Antigua2/2, Turnkey Condition, Overlooks Pool\$1203 Bahama3/2, Freshly Painted, Corner Unit\$3501 Bimini2/2, Completely Remodeled Corner Luxury Model, W/D Golf View\$2504 Antigua2/2, Turnkey Condition, Overlooks Pool\$<	285,000 89,000 95,000 245,000
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1203 Bahama 3/2, Freshly Painted, Corner Unit	95,000 245,000
3501 Bimini	245,000
2504 Antigua	· · · · · · · · · · · · · · · · · · ·
3403 Bimini 2/2 Luxury Beautifully Renovated W/D Lake Views \$	89,000
5405 Dimini Anticia 2/2, Eakary, Deductiony Renovated, W/D, Eake Views Anticia Anticia Anticia Anticia Anticia	177,900
3404 Bimini	75,000
3405 Bimini	119,000
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4302 Martinique 2/2, Spacious Deluxe Corner Unit, Golf Views	130,000
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The INSIDER



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Special days from July 3rd - August 15th are: "Air Condition Appreciation Days." Some others are: July 2nd: "I Forgot Day," July 6th: "International Kissing Day, July 7th: "Global Forgiveness Day," July 8th: "Blueberry Day" and also "Town Criers Day." Back in the day, people were happy to hear the daily news from the "town crier," no tweeter, Facebook, radio or TV. July 13th is Friday the 13th and July 20th is "Ugly Truck Day" (this is a guy thing). July 14th is "Bastille Day." Eat some French food and pastry. Also, this month is the "Fast Of Tammuz," a Jewish holiday.

If you are celebrating a birthday or an anniversary, enjoy your day.

July 4th is Independence Day. The Casino will hold their Annual fireworks show at 9:00 PM on July 3rd. Everyone is welcome to attend.

The City Hall renovation is on track. A beautiful new entrance hall will make it easy for residents to visit and get many requests and paperwork they may need completed. However, the roof will be getting solar panels



By Commissioner, Mikkie Belvedere



installed and that may cause some disruption for a little while longer.

The Copans Road mobility improvements is being worked on and you will see new bike lanes, new sidewalks, and resurfacing of the road. There will be some impact on traffic and some work will be done at night to help with the flow of traffic. For more information, go to www. browardMPO.org

Things I learned from our code enforcement department: Make sure you are aware if you need a permit for renovations or alterations. Your contractor may want to talk you out of it, claiming you do not need a permit. No permit? Code enforcement can require you to remove your alteration. Do not feed wild animals. There are rules and regulations that could get you in trouble and cause you to get a fine up to \$5,000.

I look forward to hearing from you with comments, questions, ideas and recommendations. I can be reached at 954-803-7696 or mbelvedere@ coconutcreek.com Have a great day and keep smiling.



Traffic Violations

The speed limit on Wynmoor Circle is **25mph**. The speed limit in the villages is **15mph**. There is absolutely NO PASSING on Wynmoor Circle ad all STOP SIGNS MUST BE observed by residents and guests. All residents and guests are required to abide by Wynmoor Rules and Regulations.



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JULY PROGRAMS

Tuesdays, 6 to 7 p.m. **Thursdays,** Noon to 1 p.m. **- Tech Space: Digital Downloads Open House.** Learn how to access and download the library's free books, music, magazines and movies to your devices. First come, first served. Check in at 2nd floor Information Desk for location.

Tuesday, July 2 - **Need Help Paying for College?** As a Broward County resident you may be eligible to receive a scholarship for in-demand training from Career Source Broward. Noon to 2 p.m. Lobby.

Wednesday, July 3 - Knitting Space. Join our monthly knitting circle. A great way to get yourself knitting more, and to meet other people who share your interest. All levels are welcome. 4:30 to 6 p.m. Rm. 154.

Tuesday, July 9 & 23 - Coffee & Conversation. An opportunity for friendly dialogue between library professionals and the community. Light refreshments served. 2:30 to 3:30 p.m. Rm. 226. *Sponsored by Friends of North Regional/BC Library*.

Wednesday, July 10 - A Universe of Stories Book Discussion: "*The Lost Continent*" by Bill Bryson. This book chronicles the author's 13,978 mile trip around the United States in the Autumn of 1987 and the Spring of 1988. 1:30 to 2:30 p.m. Rm. 226.

Wednesday, July 10 - Representatives from the North Broward Social Security office will be available to answer questions and provide information. 2 to 4 p.m. Lobby

Thursday, July 11 - The Universe of Alfred Hitchcock. Movie. (1959). Noon to 3:30 p.m. Rm. 154. Call 954-201-2601 for movie title.

Saturday, July 13 - Inner Space, Inner Peace. Gentle yoga for beginners. Enjoy the benefits of yoga through gentle movement and breath work. Bring your mat and join us! No previous experience required with certified instructor Amy Amadon. 10:30 to 11:30 a.m. Rm. 154. Sponsored by Friends of North Regional/BC Library.

Saturday, July 13 - Galaxy Rock Art! Join the trend. Paint your own galaxy rock. Limited supplies. Pre-registration required. To register call (954) 201-2601. Noon to 1:30 p.m. Rm. 226

Tuesday, July 16 - Adulting 101: Living on Your Own. Learn about some practical tips for living on your own for the first time, including advice on roommates, saving money, cleaning, grocery shopping, and decorating. 2:30 to 4:30p.m. Rm. 226

Wednesday, July 17 - Ageless Grace. A fitness and wellness program that consists of simple exercise tools designed for all ages and abilities. These exercises, based on everyday movements are natural and organic, and focus on the healthy longevity of the body and mind. Presented by certified instructor Eleanor Robinson. 1:30 to 2:30 p.m. Rm. 226. *Sponsored by Friends of North Regional/BC Library*.

Thursday, July 18 - Space Bingo. Join us for family friendly Bingo. The classic game played with a space theme. Get ready to shout "SPACE!" All ages welcome. No registration is required. Win prizes! Materials provided. 11 a.m. to Noon. Rm. 154.

Saturday, July 20- An Introduction to Enneagram. Learn the history of this ancient mode of the human psyche, take a free Enneagram test to find out your "type", and start your journey of discovery through free Enneagram resources. 11 a.m. to 12:30 p.m. Rm. 226.

Saturday, July 20 - Rock Star! Guitar Café for beginner to intermediate guitarists. Bring your own guitar and join in if you are interested in learning or playing the guitar. 2:30 to 5:30 p.m. Rm. 154.

Sunday, July 21 - What's All The Hoopla! Learn how you can borrow online movies, books, music audiobooks, eBooks, comic and TV shows and access them through your electronic devices and TV. 2 to 4 p.m. Lobby.

Monday, July 22 - The Universe of Alfred Hitchcock. Movie 1960), Rated R. 2 to 4:30 p.m. Rm. 154. Call 954-201-2601 for movie title.



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Coconut Creek • 3720A Coconut Creek Parkway (954) 978-0209 **Friday, July 26 -** Representatives from the **Broward County Property Appraiser Office** will be available to answer your questions. 10 to 11:30 a.m. Lobby.

Saturday, July 27 - Inner Space, Inner Peace! Yoga Nidra Guided Meditation with certified instructor Amy Amadon. 10:30 to 11:30 a.m. Rm. 154. *Sponsored by Friends of North Regional/BC Library*.

Saturday, July 27 - Medicare 101. An educational workshop for those turning 65 or older, about how Medicare works and the options available. Presented by Paul C. Kopp. 10:30 to 11:30 a.m. Rm. 226.

Coming in August:

Saturday, August 3 - A Universe of Songs with Dre Acevedo. "A powerful and soulful voice that will keep you in awe." Light refreshments will be served. 3 to 4 p.m. Rm. 154.

Thursday, August 29 - Friends of North Regional/BC Library present *"The History of Chocolate"* by Myrna Goldberger. Its origin, the story of Hershey, the Mars Company, Lady Godiva and others. This discussion includes a segment detailing little-known facts about this flavor such as: Is chocolate an aphrodisiac? How much chocolate does the average American eat in one year? And more. Light refreshments will be served. Programs are free to Friends of North Regional /BC Library members and Broward College students. Fee for non-members is \$5 per program, or you can purchase an annual Friends of North Regional/BC Library membership for \$10. 2 to 3 p.m. Rm. 154.

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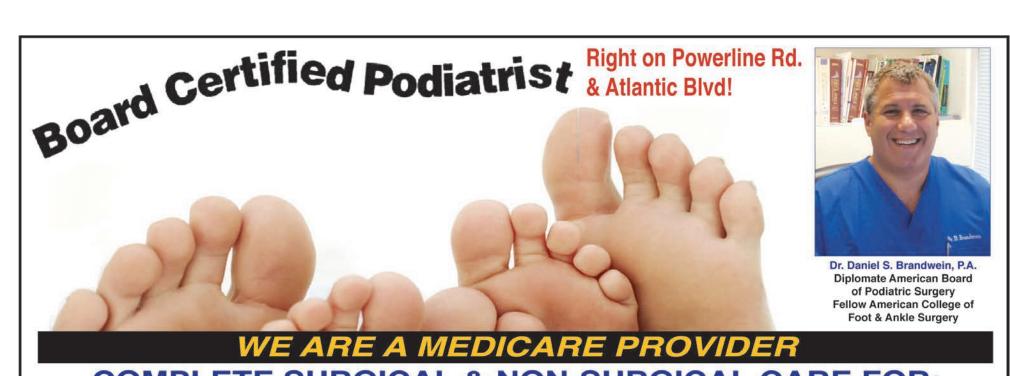
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Sheriff Gregory Tony

By Sheriff Gregory Tony Celebrating The American Spirit

Fewer days in the year stir up more excitement and pride than Independence Day. The pageantry, parades, flags and fireworks symbolize deep-rooted patriotism for our Nation and the sacrifices made to maintain our values and the pride we have in being Americans.

At the heart of it all are the patriots who made it possible. From the founding of this great Nation 243 years ago, our strong and vibrant American fabric has been woven by the courageous men and women who took bold actions and immense risks to do what was right, not merely what was popular. Many lost their lives in pursuit of the American dream, and today we stand tall as a Nation, thanks to their sacrifices.

I love this country and all the opportunities it has

afforded me. I grew up in the birthplace of our Nation, a short distance from Independence Hall in Philadelphia where our Founding Fathers signed two of the most important documents in U.S. history: the Declaration of Independence and the U.S. Constitution. These individuals placed their lives on the line so that they, and future generations of Americans, could pursue the noble ideals of life, liberty and the pursuit of happiness.

I am living proof of the American dream. In what other Nation in the world could a poor black kid from the inner city defy the odds at every turn and one



day, hold the honor of serving as sheriff for one of the largest and greatest public safety agencies in the Nation?

I owe a debt of gratitude, we all do, to those who came before us and fought for our freedoms. On Independence Day, we honor the men and women in uniform that valiantly put themselves in harm's way, many making the ultimate sacrifice, to protect our American way of life. We also recognize those who committed themselves to justice and equality: individuals, such as civil rights leaders, Martin Luther King Jr. and Susan B. Anthony, who patriotically pursued equal rights at a time of great civil discord and whose actions are a testament to the American spirit. We must also give thanks to the everyday men and women: the mothers, fathers, teachers, mentors, factory technicians and

fast food workers, who keep our country moving forward.

Patriotism resides in all of us. On this Independence Day, let's not only honor the sacrifices of those who came before us, but also look inside ourselves as we carry the torch for future generations. Our patriotism is not what we show on the outside. It's what lies inside each of us: the love of country, dedication to greatness, commitment to equality and pursuit of justice for all. Let us all strive to do what is right, not what is easy or popular. Our Nation was founded on these patriotic ideals and it is up to us to continue that legacy.

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All construction done inside your dwelling needs Wynmoor approval first. Then permits from the Coconut Creek Building Department must be pulled.

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Tuesdays, July 2, 9, 16, 23, 30, 6:00 p.m. to 8:00 p.m. – Creole class. Covers various computer subjects in Creole.

Tuesdays, July 2, 9, 16, 23, 30, 6 p.m. to 7 p.m. & Thursdays, July 11, 18, 25, 12:00 p.m. to 1:00 p.m., (Digital Downloads Open House Rm. 226). Library staff or volunteers are available to assist with downloading library eMedia or using your digital devices, on a first come, first served basis.

Wednesday, July 3, 2:00 to 4:00 p.m. – Introduction to Word, Part 5 of 6. In this course you will learn valuable word processing skills like creating, saving and retrieving documents, inserting and deleting text, formatting text, and using cut, copy and paste. You'll learn how to navigate the Word window, add text and pictures with formatting, and the basics of tables, charts and text boxes. Microsoft Word is the industry standard for word processing.

Monday, July 8, 2:00 p.m. to 4:00 p.m. – Youth Services Web Comics. Create your story and build your first comics.

Wednesday, July 10, 2:00 to 4:00 p.m. – Introduction to Word, Part 6 of 6. See information from July 3rd.

Thursday, July 11, 2:00 to 4:00 p.m. – Meet the Computer. Introduction to computers, beginning with learning about the components that make up a computer system, how to use a mouse and keyboard, starting programs, and the computer desktop.

Sunday, July 14, 2:00 to 4:00 p.m. – Exploring the Internet. The best the Internet has to offer, including sites for lifelong learning, entertainment, sources for streaming music and movies, the best of shopping, and information about online safety. Appropriate for desktop, tablet, and smartphone.

Wednesday, July 17, 2:00 to 4:00 p.m. – Introduction to Excel, Part 1 of 5. Become familiar with Microsoft Excel and spreadsheet concepts. Spreadsheets are often used to track numerical or financial data and perform calculations easily and quickly. This course focuses on the skills used most in Excel: using menus, toolbars, formatting text and numbers, creating charts, graphs, and creating formulas.

Thursday, July 18, 2:00 to 4:00 p.m. – Beginners Guide to the Cloud. Increasingly we are relying on services in "the cloud" for our entertainment, file storage, and backup. This module will introduce the cloud and some of the popular services for file storage and backup, entertainment, and productivity. Services covered include Dropbox, Pandora, Evernote, iHeart Radio and Stitcher.

Wednesday, July 24, 2:00 to 4:00 p.m. – Introduction to Excel, Part 2 of 5. See information from July 17th.

Wednesday, July 31, 2:00 to 4:00 p.m. – Introduction to Excel, Part 3 of 5. See information from July 17th.

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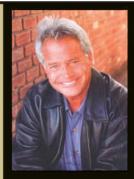
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□ I wish to subm	nit my landline phone number of OF	Please print number
□ I wish to subm	nit one cell phone number only	() Please print number
Please print cle	arly	
Name(s):		
□ Unit Owner(s)	□ Full-time Tenant(s)	□ Full-time Occupant(s)
Building #		Unit #
Signed:		Date:
 Take it to th Mail to Wyr 33066. FAX to 954 	nmoor Community Council, 131	S BELOW: il Administration Building, Room 215. 0 Avenue of the Stars, Coconut Creek, FL

Wednesday Night Tournaments By Bob Horowitz

Join us every Wednesday night at 6:00 PM. Tournaments are handicapped for all skill levels. All Residents are welcome!



37



Enjoy AC comfort while having fun and meeting new friends!!

Week 18: Tonight, we played 9 Ball best out of 14 games. The winner was Steve with 12 wins with a tie for second with Amy, Norm, and Tony M with 11 wins each. In third place was Sal with 10 wins.

Photo L to R: Sal, Steven, Amy, Norman, Tony M

WEEKLY WINNERS



Week 19: The game played tonight was 9 ball, whoever won the most games out of 14 played took down the trophy. Sal did it again with 12 wins. Tied for second with 11 wins were Norm and Tony C with 11 wins each. *Photo L to R:* Norman, Sal, Tony C



Week 20: The game was 9 Ball and was the last tournament played on the old cloth. Last week there was no tournament due to work being done in the Club. The winner the week before last was Rassool with 12 wins, Bob H was second with 10 wins. Steve and Norm shared 3rd place with 9 wins each. See you next Wednesday for the tournament on our new Simonis 860 cloth. If you haven't played on it yet you are in for a treat. The tables play perfect! Good job Jack Kubasek, Peggy and Wynmoor CC. *Photo L to R*: Steven, Rassool, Bob H, Norman

Please bring your Wynmoor ID cards.* Guest pass required for non-residents.

Solutions on page 50





Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Fourth of July

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

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BALLOONS BARBECUE			FLAG FREEDOM GREAT BRITAIN HISTORY			PARADE PATRIOTISM PICNIC					(
BASEBALL CARNIVAL																	
						H	RED WHITE BLUE					(
CELEBRATION DEMOCRACY					IOLI			ICF	S	TRE.	AME	RS			(
					1	INDEPENDENCE											

37.	French for "State"	6.	Make into law	51.
38.	Slash	7.	Cartoon bear	52.
39.	Orderly	8.	Defeat decisively	53.
40.	A large gathering	9.	Suspension	54.
42.	Unemotional	10.	Stress	55.

5.

a WORD or Two

Spend frivolously

50. Black, in poetry Adriatic resort Relating to aircraft

Stepped

DDDD

Anagram of "Sees"

Word: assiduous

spelling)

Definition: showing great care, attention, and effort : marked by careful unremitting attention or persistent application

Example: "Ryan Murphy ..., in his last FX series before founding his Netflix empire, was also assiduous about hiring transgender actors and creative staff...." --- James Poniewozik, The New York Times, 1 June 2018

Word: flounce

Definition: to move with exaggerated jerky or bouncy motions Example: "The Master of the Music flounced out with the choir flouncing out in perfect unison behind him." - Terry Pratchett, Unseen Academicals, 2009



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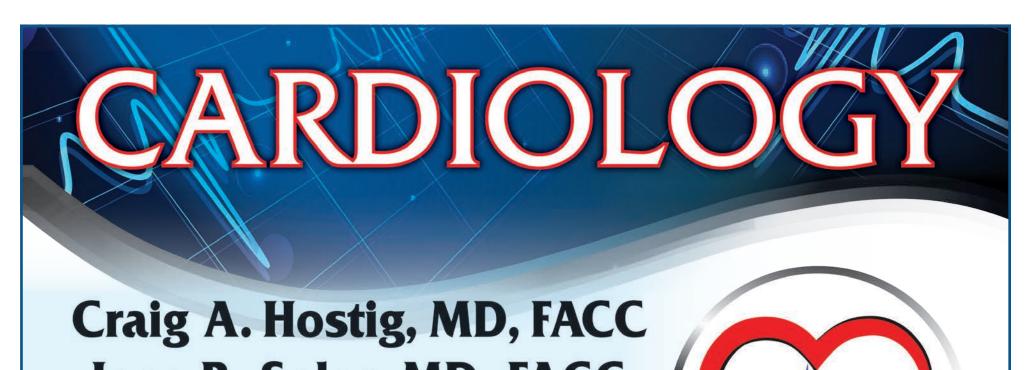


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\star \star \star \star

Gulfstream Park & Casino ~ Monday, June 3rd - \$10 Receive \$5 Free Play and \$5 Meal Voucher valid at the Yard House. We will depart Tract 1000 at 10:00 AM. Register Now!

Miami Marlins vs. Pittsburgh Pirates ~ Friday, June 14th ~ \$45

Join us as we root on our Hometown Miami Marlins against the Pittsburgh Pirates. First pitch is at 7:10 PM. Bus departs Tract 1000 at 5:00 PM. Seats are located in the lower level at the 3rd baseline. Register Now!

Miami Marlins vs. NY Mets - Friday, July 12th ~ \$65

Join us as we root on our Hometown Miami Marlins against our Northern Rivals, New York Mets. First pitch is at 7:10 PM. We will depart Tract 1000 at 5:00 PM. Seats are located in the lower level at the 3rd baseline. Register Now!

Cirque Du Soleil Corteo at the BBT Center ~ Wednesday, July 31st ~ \$85 Get carried away with life. The clown Mauro has passed, but his spirit is still with us. Instead of mourning, the funeral cortege celebrates the here and hereafter with laughter and exuberance. Rich, extravagant memories frolic with the senses. The sound of laughter peals around the stage, visions of joyous tumblers and players fascinate the eyes. Regret and melancholy retreat in the face of a cavalcade of lively recollections of a life gloriously lived. The seats are located in the lower level section. The show begins at 7:30 PM. We will depart Tract 1000 at 6:30 PM. Register Now!

Sawgrass Mills Mall ~ Wednesday, August 21st ~ \$10

Come beat the Florida heat. Shop, eat, walk, catch a movie and leave the driving to us. We will depart Tract 1000 at 10:30 AM. Registration began Thursday, June 6th.

WMQDA (Weiner Museum of Decorative Arts) ~ Wednesday, August 28th ~ \$49

Enjoy a docent tour of "Firing the Imagination," an outstanding collection of British and European ceramics, featuring thousands of works by the world's most iconic names, including Wedgwood and Royal Doulton. The role of ceramic art in fashionable interiors of the 19th and 20th Centuries is evoked with displays from the arts and crafts, Art Nouveau, and Art Deco Eras. Among the highlights of the contemporary collection is the work of the Ardmore Studio in South Africa where Zulu artists make vibrant ceramic art featuring Chihuly and tea lunch. Lunch includes selections of turkey on wheat, albacore tuna on a mini croissant and cage-free egg salad on white bread sandwiches, a mozzarella Caprese skewer, a freshly baked tea pastry, a cranberry scone with orange marmalade and freshly brewed lemon mint iced tea. Register now. Registration ends on Thursday, August 1st.

For more info, call Recreation: 954-978-2600, press 1. Register in the Recreation Office, Monday-Friday, from 8:00 AM - 4:45 PM and the Country Club Business Center, Monday-Friday, from 8:00 AM - 12:45 PM and 2:00 PM - 5:00 PM. All Recreation trips include transportation. Residents are responsible to be ON TIME for each departure to and from venues. Recreation events/trips are subject to change/cancellation. The events/trips listed above may be sold out by the time this publication is printed.

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Please join Robin & Bob for an evening of fun on Wednesday July 31st in Grand Ballroom A. Doors open at 5:30 PM.

Bob Boudreau will entertain 6:30 PM - 7:30 PM for your dancing and listening pleasure.

Karaoke starts at 7:30 PM.

Please text 3 songs with your name 2-3 days before Karaoke day if possible to 954-994-4476. If you are unable to text your songs, please arrive 1/2 hour prior to start time and hand Robin your selections with your name. Singers, **CHECK IN** with me when you arrive. Refreshments permitted. Residents must show Wynmoor ID. Admission for the summer is \$1 per resident \$2 for guests.

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The INSIDER



Monday

AARP: Monday and Wednesday, July 1st and 3rd from 9:00 AM - 12:00 PM; TWO DAYS; \$15 - \$20 Art: Painting (DeRosa): Begins July 1st from 1:00 PM - 3:00 PM for 5 weeks; \$50 Chair Yoga (Charland): Begins July 1st from 1:00 PM - 2:00 PM for 5 weeks; \$35

Tuesday

Line Dancing (Levitan): Begins July 2nd from 10:00 AM - 11:00 AM for 5 weeks; \$35

Wednesday

Art: Painting (DeRosa): Begins July 3rd from 10:00 AM - 12:00 PM for 5 weeks; \$50 Beginners Tap Class (Jankelevich): Begins July 3rd from 9:00 AM - 10:00 AM for 5 weeks; \$40

Thursday

Canasta (Levitan): Begins July 11th from 3:30 PM - 5:30 PM for 3 weeks; \$27 Creative Art (Zannini): Begins July 11th from 1:00 PM - 3:00 PM for 3 weeks; \$33.75 Mah Jongg (Levitan): Begins July 11th from 1:00 PM - 3:00 PM for 3 weeks; \$27

Saturday

Yoga (Charland): Begins July 6th from 9:00 AM - 10:00 AM for 4 weeks; \$28

Private Lessons

Golf Lessons (Battersby) Private Sessions available Tennis Lessons (Long) Private Sessions available Wynmoor Personal Trainer (Anderson) Private Sessions available (Free Demos, Tues./Wed. 5:00 PM - 7:00 PM) Wynmoor Personal Trainer (Hamburger) Private Sessions available (Free Demos, Wed. 12:00 PM - 2:00 PM) Wynmoor Personal Trainer (Waibert) Private Sessions available (Free Demos, Tues. 5:00 PM - 7:00 PM)

For more information, call Recreation at 954-978-2600, press 1. Register at the Recreation Office, Monday - Friday from 8:00 AM - 4:45 PM and in the Country Club Business Center, Monday - Friday from 8:00 AM - 12:45 PM and 2:00 PM - 5:00 PM. Classes are held on a monthly basis and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.

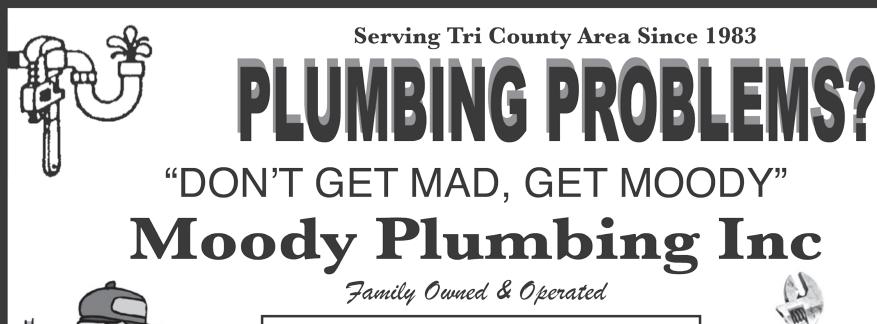














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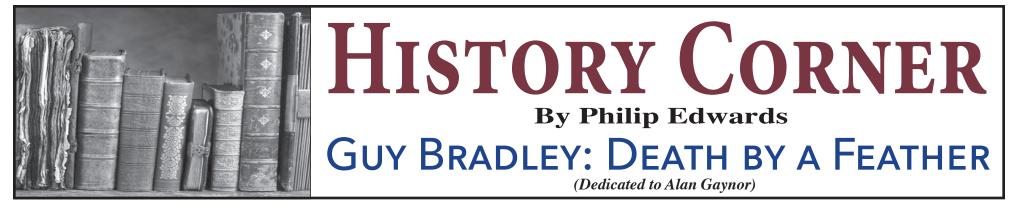
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New York and Paris are infinitely different from the Everglades, yet they are intimately connected. Known for fashion, these two metropolitan giants drove the trendy clothing styles that lined the shelves of the city clothing stores around the world. Boutiques and upscale shops were paying top dollar for bird plumes that accented women's hats. Those plumes, for the most part, came from Florida and other areas along the eastern seaboard.

In the mid to late 1800's, plume hunters scoured Florida's landscape looking for plume birds to hunt. Their main targets were the snowy egrets, herons, flamingoes, roseate spoonbills, and peafowl. On the market, ounce for ounce, feathers were more valuable than gold. By 1886, over five million birds were being killed a year in Florida. Hunters would go into the rookeries, shoot the birds, pluck the feathers and leave the dead carcasses to rot. The young nesting birds starved and the unhatched eggs were devoured by predators.

The plume birds became almost extinct in northern Florida and around populated areas in the state. The only recourse for the birds was to flee to the Everglades. Florida finally passed legislation that outlawed the hunting of plume birds. For some, this gold mine was just too tempting to resist. Poachers continued to raid the rookeries in the Everglades. New York and other cities passed a law that made it illegal to buy plumes from Florida. To circumvent the law, hunters shipped their feathers to France and the French sold them to buyers in the United States. All legal.

The Audubon Society, in coordination with the state of Florida, hired game wardens to protect the birds. Guy Bradley was the first game warden hired to patrol the Everglades and ten thousand islands off the coast of Southern Florida. In his teen years, Guy had led expeditions of foreign hunters into the rookeries of the Everglades and Florida Keys. He was a reformed guide and made an excellent choice for a game warden and deputy sheriff. Guy

had a wife and two small children when he started patrolling the waters of south Florida.

It proved to be a dangerous job. He confronted hunters who were armed and resistant to having their livelihood cut off. He had arrested Walter Smith and his son twice before for poaching. Smith, an ex-sharpshooter for the Confederate army, told Bradley if he tried to arrest him or his son again, he would kill him. Bradley caught them again and Walter Smith shot and killed him.

Townspeople burnt down Smith's house, but Smith had friends in high political positions and was found innocent by reason of self-defense. However, all the evidence pointed to murder. Sadly, two more wardens were killed in the next two years attempting to protect the birds. The slaughter of plume birds did not stop until the use of plumes on women's hats were banned.

Questions: Is protecting wild life or natural resources worth the price of human life? How can justice be exacted when the courts are rigged? Does government have the right to determine fashion.? Comments can be made at chooserightly.com under "Article of the Month."





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Independence Day

GIL SAVITZKY served in Korea between 1956-1958, initially stationed at the DMZ line dividing North and South Korea and protecting South Korea from Northern invasion. Much of his later work was with a G5 Unit at ICORP Headquarters in Kynoggi province, working with the American and Korean governors on rehabilitation efforts which were aimed at schools, orphanages, and farms. Although, for many in the military at that time, much of the time was spent in a holding operation. Gil felt that his unit was unique in that they went out into the villages, taking educational films and equipment and making significant changes in helping to rebuild the communities.

Much of the area was purely a farm community and in addition to helping reestablish the farms, schools, homes and orphanages, his units helped develop other areas of industry moving forward in the early steps toward later industrialization in the South. His work in rebuilding the communities after the devastation of war earned him numerous awards from the Korean citizens.

STEVE TISHBERG was an Aviation Fire Control Specialist during the Vietnam War. He was a Weapons Technician who worked on the radar on the jet attack planes on the flight deck. He was stationed on an aircraft carrier which contained 5500 men and was like an airfield or floating city at sea. The carrier was the USS Forrestal, the ship John McCain had been on. The Vietnam War was the first war fought largely in heavy jungle, making it difficult to sometimes to distinguish the enemy from American troops. "Friendly fire, or the mistaken killing of our troops by dropped bombs, was a significant concern. One of the main purposes of the well-functioning radar systems was to more accurately target the bombs and greatly reduce friendly fire incidents.

Dangerous sea conditions were always a concern and Steve remembers a typhoon with 100 feet waves. The ship tried to outrun the typhoon for two days, but was not successful. The waves were 200 feet and he remembers being strapped into his bunk for 30 hours. The first 10 hours being very afraid and then calming knowing he had to trust in G-d or providence.

Like many of the others, he remembers the bond he felt with the others, and that is a bond he still feels today whenever he encounters other Veterans. Despite differences in the men, there remains a sense of communality and patriotism. During his tour, the soldiers were given four days off for every two months of duty. During these breaks, Steve took a bicycle and explored Europe, a chance to see the world in a non-combat position.

Merri Goldberg Interviews Wynmoor Veterans Continued from front cover

JOSE SANTIAGO served for 24 years in the Navy before retiring in 2006. During that time, he received 15 medals and when told that was an impressive number, he stated, "seriously I was just doing my job." Jose held the position of Chief Petty Officer. Some of his service time was during the Gulf War. Most of us know little about the humanitarian efforts of our troops. Jose was a part of Operation Unified Assistance. The goal was Sunami relief efforts after the earthquake that ravaged Sumatra. American helicopter divisions spent months delivering by air, rice water and other necessary supplies to fields of starving people. Later, they transported civilians to the USNS Merc, a hospital ship for medical treatment. Another important job was maintaining open sea lanes in the Persian Gulf in the straits of Hormuz. This was part of the job of the USS Enterprise in protecting chief oil lanes and keeping them open. Another interesting part of Jose's career was in supporting officers and men to battle in Somalia. These were only some of his important positions.

When asked about what his advice would be to young men considering a military career, he said, "the military gives you discipline and purpose." He said that he had joined the military to get away from a drug environment and no sense of direction. He received training, education, and job skills. Jose stated he worked with "a fine group of people of all nationalities, ethnic groups and backgrounds all working together for a common goal. I feel that I got more out of the Navy than they got out of me. If I had not joined the Military, my whole life would have been different. I would also not have my wife and daughter." Wonderful, warm advice.

You have now briefly met some of your very special Wynmoor Veterans, our neighbors. Get to know them and the other Veterans here a little better. If they feel like talking (don't push) about their time in the military, you will get to know more about your neighbors and perhaps fascinating parts of your country's history that you were not aware of. All of these Veterans are heroes and we have so much to thank them for: our land of freedom, democracy and peace. In the next few weeks, when you see a Veteran with a military cap, take a few minutes to stop, perhaps salute, and say "thank you for your service." It would be wonderful if not a single Veteran felt lost again on returning and although we can't do that, we can honor the ones we meet and always remember the debt we owe them.

Editor's Note: Due to space limitations, we could not take any other citings, but more names will be included in November.

NEIGHBORS

1705 Andros By Marilyn Stahl

Happy Birthday America, land of the free and home of Wynmoor and its beautiful, fun-loving people. Thank you to Angela Papa and Angel Ortiz for our beautiful white lights (among other things).

Congratulations to Marilyn Johnson and Bernie Hurowitz for finally becoming Mr. and Mrs. Good health and love to them always.

A good trip is wished to Amelia DeBenedetto who is visiting her children up North.

YOUR PERSONAL CONCIERGE Suzanne Fine

We are glad Catherine Papa is out and about again after a little setback in health. Back to cooking and eating out. Keep it up Catherine.

Our Lunch Bunch continues our monthly get togethers. We thank Ellen Resnick who make it possible each month. We thank her for her outstanding choices and wish her good health.

Or residents send condolences to Jeannette Casaletto on the passing of her husband, Michael. Hopefully the pleasant memories she shared with him help her through this sad time.

Summer is upon us, relax enjoy the breezes of this wonderful place called Wynmoor.



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Touchline calls also provide social and emotional support. The 2–1–1 counselor establishes a relationship with the senior and provides them with a sense of security and safety. One simple phone call can help give a client peace of mind knowing that a volunteer will be checking in with them at the same time each day.

How Does Touchline Work?

Each day, withing a pre-determined period, a 2-1-1 counselor calls registered seniors to make sure they are safe and well. If the 2–1–1 counselor is unsuccessful in reaching the senior after one hour of repeated attempts, the designated emergency contacts will be called and asked to check on the senior's well-being. If we cannot reach anyone, we contact the local police department to perform a senior wellness check to confirm their safety.

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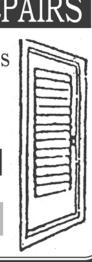
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Treasuring 20th Century Art In The Milwaukee Art Museum

By Barry Isaac

Recently, I visited the Milwaukee Art Museum on a cold, very snowy day. Santiago Calatrava's huge kinetic sculpture, "Burke Brise Soleiul" with its flapping wings, was an auspicious start to an enriching day at this large lakefront art museum. This review is limited to its collection of 20th Century Paintings and art, as this art museum is large. In the realm of 20th Century oil paintings by European painters, I especially relished Armand Guillaumin's "Puy Barriou, Creuse," fine French Post Impressionism, Lovis Corinth's "Doctor Karl Schwarz," German impressionist work, Hans Baluschek's "Working Class City, Berlin," German Realism, Alexei Jawlensky's "Gardener," Expressionism, Ernst Ludwig Kirschner's "Street in Schoneberg City Park," German Expressionism, Gabrielle Munter's "In Schwabing," German Expressionism, Kees Van Dongen's "Place Vendome," Dutch Post Impressionism, and Pablo Picasso's "Cock of Liberation," Modern Art. The Milwaukee Art Museum reflects the large population of people of German Heritage in Milwaukee and its surrounding area.

As for American paintings, I was especially captivated by the following oil paintings; Henry Ossawa Tanner's "Moonlight, Hebron," Ernest Lawson's "Winter Scene," William Glackens' "Breezy Day, Tugboats, New York Harbor," Georgia O'Keefe's "Lake George, Autumn," Milton Avery's "Red River Falls," Stuart Davis' "Tenement Scene," and Marsden Hartley's "Northern Seascape, Off The Banks."

The Milwaukee Art Museum's collection of 20th Century Haitian Paintings is the best that I have seen anyplace. It features important Haitian Paintings by these Haitian Painters; Rigaud Benoit, Castera Bazille, Hector Hippolyte, Philome Obin, Seneque Obin, and Gerard Valcin. Personal Haitian favorites that day were Gerard Valcin's "Masonic Blue Lodge," Antoine Obin's "Gossip Junction" Hector Hippolyte's "Ezile And Earthly Court," and Castera Bazille's "Preparing Hides For Tanning And Coloring." These paintings employ the Primitive-Style of Haitian Painting.

If someone enjoys enriching days at art museums, I highly recommend the Milwaukee Art Museum.



Hector Hippolyte, "Saint Francis and Christ Child"



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Get Happy NOW!

Dear Reader,

It's been said (and researched) that humans (as bright as we are!) are poor predictors of what will ultimately yield us lasting happiness. We make assumptions about what we think will make us happy (an ideal mate, a certain amount of money in our bank account, reaching the perfect weight, landing the dream job, living in the mansion on the ocean, etc.) but research continues to reveal that our joy is less tied to a specific outcome and more connected to our sense of purpose and connectedness to one another. We crave being heard, understood and cared for, yet we put more of our efforts into achieving and attaining than we do loving one another. So how do we actually experience true contentment and connectedness with others? I believe it starts with taking care of the only person you will guaranteed be with all the days of your life...YOU!

Here are a few tips towards feeling JOYFUL NOW:

- 1. Accept that you are enough just as you are. We are all evolving. It is part of our human condition that we cannot escape. Each day, we notice where we are in relation to where we want to be. If we were 100% arrived in every category of our lives, it would mean we had nowhere else to advance to and if we didn't allow for more expansion, we would settle and stop the process. This very act of settling would stop the natural flow of desire to evolve. So, ACCEPT that always having to-do lists undone, and desires yet unfulfilled are part of the process and right now you are ENOUGH for this exact moment in time.
- 2. Practice Self-Care First! We are encouraged to love our spouses, our children and to be giving to others yet if we are offering from an empty cup, we will soon be depleted. We don't wait to fill up our gas tank until we run out of gas (well, I actually have done this before and I don't recommend it!), and likewise, you shouldn't stop to refuel yourself physically or emotionally only when depleted. My ideal routine includes my twice-daily "Transcendental Meditation" practice, yoga, and a full night of sleep. What helps you feel your best? It varies for each person

but it starts with most people getting enough REST. If you're feeling less than your best self, the number one recommendation I would make is to get more sleep for the next several days to allow your nervous system to reset to optimal for YOU!

- **3.** Take control of one small area of your life! It is easy to get overwhelmed by so many demands on our time and energy. By narrowing our focus to one area or task we can quickly see results that will allow momentum to build. Whenever I start to feel overwhelmed, I take on a simple, small, relatively mindless task such as folding laundry or tidying up my car or vanity area so I instantly see results and feel I've improved one small segment of my life. Dwayne Douglas Johnson (The Rock) reminds us that "success at anything will always come down to this: Focus and Effort. And we control both." Perhaps The Rock was thinking of huge life goals but for me, I like to indulge in the little shifts in my environment that give me the feeling that I am starting anew in an orderly, clean space. It feels as if I'm given a new canvas to paint the masterpiece of my life on because in truth, we are in every moment given this fresh new opportunity if we choose to embrace it.
- 4. Focus On Fun! Once you accept you are ENOUGH right NOW, AS-IS, get a great night's sleep and tidy up your world a bit, schedule immediate FUN! Nothing that requires too many brain cells...start with guacamole or an afternoon at the beach (better yet GUACAMOLE at the BEACH!) and invite ONLY someone whose company uplifts and delights you! Life is meant to be enjoyed! So, reach out to someone worthy of your big, bright light and share your chips and guacamole! If you picked the right person, it won't matter if they double-dip!

Here's to a happy you NOW!

Love, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker. Connect with her at dianalynnstone@me.com or www.dianalynnstone.com

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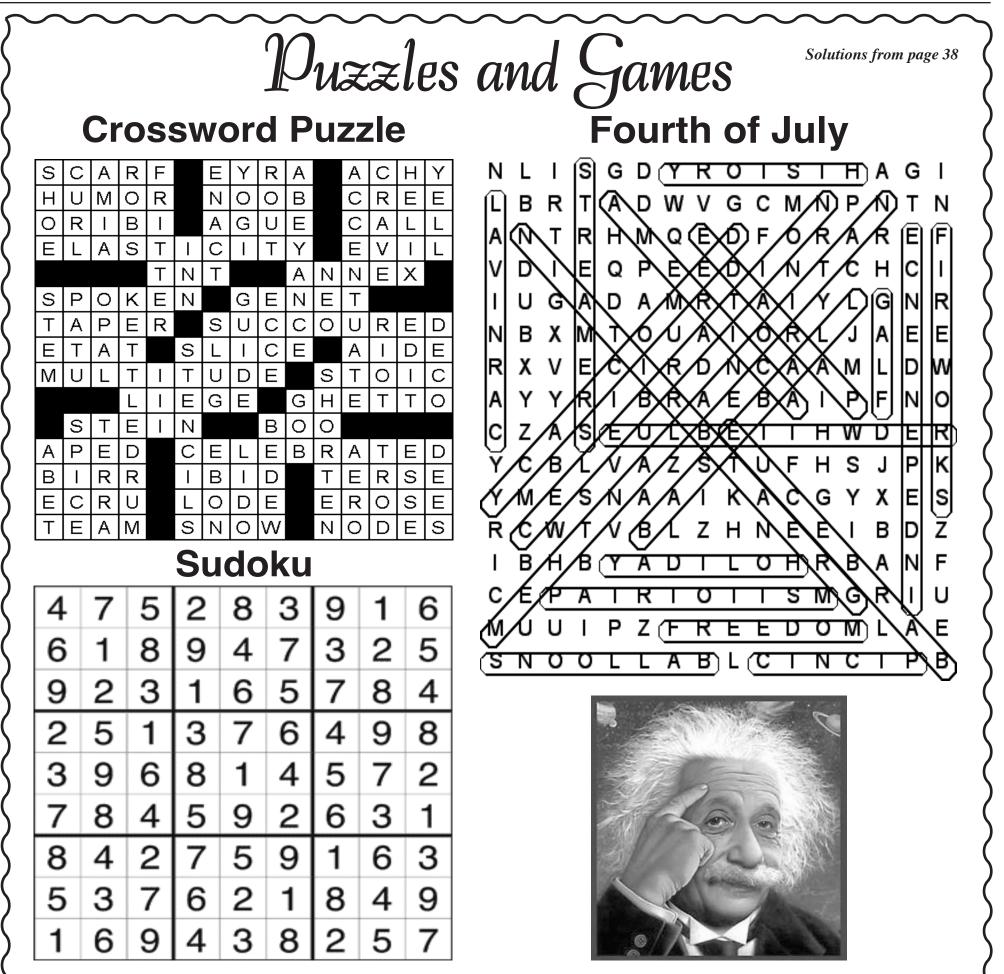
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